

## CURRICULUM VITAE

Prof. Dr. Laurenz Linus Meier



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### Education

2014/03                      Habilitation, Psychology, University of Bern, Switzerland  
2008/07                      Ph.D., Psychology, University of Bern, Switzerland  
2003/11                      Licentiate, Psychology, University of Bern, Switzerland

### Academic Positions

2016/07 – present        Courtesy professor, University of South Florida, Tampa, FL, USA  
2016/04 – present        Assistant professor, University of Neuchâtel, Switzerland  
2013/04 – 2016/03        Postdoctoral Researcher, University of Fribourg, Switzerland  
2011/04 – 2013/03        Postdoctoral Researcher, University of South Florida, Tampa, FL, USA  
2010/08 – 2011/03        Postdoctoral Researcher, University of Basel, Switzerland  
2009/03 – 2010/07        Postdoctoral Researcher, University of Neuchâtel, Switzerland  
2008/08 – 2010/07        Postdoctoral Researcher and Lecturer, University of Bern, Switzerland  
2004/08 – 2008/07        Researcher and Lecturer, University of Bern, Switzerland

### Editorial Positions

#### *Associate Editor*

– Journal of Personnel Psychology (since 2015)

#### *Editorial Board*

– Journal of Applied Psychology (since 2018)  
– Journal of Occupational and Organizational Psychology (since 2016)  
– Journal of Occupational Health Psychology (since 2015)  
– Journal of Business and Psychology (since 2014)  
– Group & Organization Management (since 2014)  
– Burnout Research (since 2014)

## Grants

- 2017/09 - 2021/08 The Intersection of Work and Family Life: The Role of Guilt and Shame  
Swiss National Science Foundation, Research Grant (PI);  
SFr 409,777 (\$408,592)
- 2013/04 - 2016/03 Examining the Effect of Well-being on Work Stressors  
Swiss National Science Foundation, Ambizione Research Grant (PI);  
SFr 498,979 (\$554,421)
- 2012/08 - 2013/07 An Intervention Study of Positive Work-Related Thoughts and Recovery  
National Institute for Occupational Safety and Health (NIOSH) Sunshine ERC  
Pilot Grant (PI); \$13,662 (SFr 12,295)
- 2011/04 - 2013/03 Work Characteristics and Personality as Antecedents of Workplace Incivility  
Swiss National Science Foundation, Research Fellowship for Advanced  
Researchers; SFr 169,790 (\$188,655)
- 2010 - 2011 Antecedents of Incivility at Work  
Swiss National Science Foundation, Research Fellowship for Prospective  
Researchers (refunded); SFr 67,295 (\$74,772)

## Awards

- 1<sup>st</sup> place of Andre Bussing Memorial Prize of the European Academy of Occupational Health Psychology, 2016 (first author)
- Nomination for the Rosabeth Moss Kanter Award for Excellence in Work-Family Research, 2016 (co-author)
- 2<sup>nd</sup> place of Best Paper Award, Journal of Occupational Health Psychology, 2008 (first author)
- Finalist of Credit Suisse Award for Best Teaching of the Faculty of Human Sciences, University of Bern, 2005-2009
- 1<sup>st</sup> place of Best Poster Award at the Early Career Summer School of the EAWOP, 2012 (co-author)
- 1<sup>st</sup> place of Innovation Award of the Section for Work and Organizational Psychology of the German Psychological Society (DGPs), 2009 (co-author)

## Peer-Reviewed Journal Articles

° Authors contributed equally

Stocker, D., Keller, A. C.°, Meier, L. L.°, Elfering, A., Pfister, I., Jacobshagen, J., & Semmer, N. K. (in press).

Appreciation by supervisors buffers the impact of work interruptions on well-being longitudinally. *International Journal of Stress Management*.

Meier, L. L.°, & Cho, E.° (2018). Work stressors and partner social undermining: Comparing negative affect and psychological detachment as mechanisms. *Journal of Occupational Health Psychology*. Advance online publication.

Keller, A. C., Igc, I., Meier, L. L., Semmer, N. K., Schaubroeck, J. M., Brunner, B., & Elfering, A. (2017). Testing job typologies and identifying at-risk subpopulations using factor mixture models. *Journal of Occupational Health Psychology, 22*, 503-517.

Eatough, E. M., Meier, L. L., Igc, I., Elfering, A., Spector, P., & Semmer, N. K. (2016). You want me to do what? Two daily diary studies of illegitimate tasks and employee well-being. *Journal of Organizational Behavior, 37*, 108-127.

Elfering, A., Igc, I., Keller, A., Meier, L. L., & Semmer, N. K. (2016). Work-privacy conflict and musculoskeletal pain: A population-based test of a stress-sleep-mediation model. *Health Psychology & Behavioral Medicine, 4*, 70-90.

- Elfering, A., Keller, A., Meier, L. L., Kälin, W., Berset, M., Grebner, S., ... & Semmer, N. K. (2016). Taking the chance: Core self-evaluations predict relative gain in job resources following turnover. *SpringerPlus*, 5, 1702.
- Elfering, A., Odoni, M., & Meier, L. L. (2016). Today's work experience: Precursors of both how I feel and how I think about my job? *Journal of Work and Organizational Psychology*, 32, 11-16.
- Johnston, C., Krings, F., Maggiori, C., Meier, L. L., & Fiori, M. (2016). Believing in a personal just world helps maintain wellbeing at work by coloring organizational justice perceptions. *European Journal of Work and Organizational Psychology*, 25, 945-959.
- Meier, L. L., Cho, E., & Dumani, S. (2016). The effect of positive work reflection during leisure time on affective well-being: Results from three diary studies. *Journal of Organizational Behavior*, 37, 255-278.
- Orth, U., Robins, R. W., Meier, L. L., & Conger, R. D. (2016). Refining the vulnerability model of low self-esteem and depression: Disentangling the effects of genuine self-esteem and narcissism. *Journal of Personality and Social Psychology*, 110, 133-149.
- Pisanti, R., Van Der Doef, M., Maes, S., Meier, L. L., Lazzari, D., & Violani, C. (2016). Psychosocial job characteristics and burnout in nurses: a longitudinal analysis of the changes of psychosocial job characteristics. *Frontiers in Psychology*, 7, 1082.
- Welp, A., Meier, L. L., & Manser, T. (2016). The interplay between teamwork, clinician burnout, and patient safety: A longitudinal study. *Critical Care*, 20, 110.
- Keller, A. C., Meier, L. L., Gross, S., & Semmer, N. K. (2015). Gender differences in the association of high quality jobs and self-esteem over time: A multi-wave study. *European Journal of Work and Organizational Psychology*, 24, 113-125.
- Meier, L. L., & Gross, S. (2015). Episodes of incivility between subordinates and supervisors: Examining the role of self-control and time with an interaction-record diary study. *Journal of Organizational Behavior*, 36, 1096-1113.
- Meier, L. L., Tschudi, P., Meier, C. A., Dvorak, C., & Zeller, A. (2015). When general practitioners don't feel appreciated by their patients: Prospective effects on well-being and work-family conflict in a Swiss longitudinal study. *Family Practice*, 32, 181-186.
- Nohe, C., Meier, L. L., Sonntag, K., & Michel, A. (2015). The chicken or the egg? A meta-analysis of panel studies of the relationship between work-family conflict and strain. *Journal of Applied Psychology*, 100, 522-536.
- ★ Nominee for the Rosabeth Moss Kanter Award for Excellence in Work-Family Research 2016
- Semmer, N. K., Jacobshagen, N., Meier, L. L., Elfering, A., Beehr, T. A., Kälin, W., & Tschan, F. (2015). Illegitimate tasks as a source of stress. *Work & Stress*, 1, 32-56.
- Welp, A., Meier, L. L., & Manser, T. (2015). Emotional exhaustion and workload predict clinician-rated and objective patient safety. *Frontiers in Psychology*, 5, 1573.
- Zhou, Z. E., Yan, Y., Che, X. X., & Meier, L. L. (2015). Effect of workplace incivility on end-of-work negative affect: Examining individual and organizational moderators in a daily diary study. *Journal of Occupational Health Psychology*, 20, 117-130.
- Allen, T. D., Cho, E., & Meier, L. L. (2014). Work-family boundary dynamics. *Annual Review of Organizational Psychology and Organizational Behavior*, 1, 99-121.
- Meier, L. L., Semmer, N. K., & Gross, S. (2014). The effect of conflict at work on well-being: Depressive symptoms as a vulnerability factor. *Work & Stress*, 1, 31-48.

- Sowislo, J. F., Orth, U., & Meier L. L. (2014). What constitutes vulnerable self-esteem? Comparing the prospective effects of low, unstable, and contingent self-esteem on depressive symptoms. *Journal of Abnormal Psychology, 123*, 737-753.
- Spector, P. E., & Meier, L. L. (2014). Methodologies for the study of organizational behavior processes: How to find your keys in the dark. *Journal of Organizational Behavior, 35*, 1109-1119.
- Zhou, Z. E., Meier, L. L., & Spector, P. (2014). The role of personality and job stressors in predicting counterproductive work behavior: A three-way interaction. *International Journal of Selection and Assessment, 22*, 286-296.
- Kottwitz, M. U., Meier, L. L., Jacobshagen, N., Kälin, W., Elfering, A., Hennig, J., & Semmer, N. K. (2013). Illegitimate tasks associated with higher cortisol levels in male employees when subjective health is relatively low: An intra-individual analysis. *Scandinavian Journal of Work, Environment & Health, 39*, 310-318.
- Kuster, F., Orth, U., & Meier, L. L. (2013). High self-esteem prospectively predicts better work conditions and outcomes. *Social Psychological and Personality Science, 4*, 668-675.
- Meier, L. L., Gross, S., Spector, P. E., & Semmer, N. K. (2013). Task and relationship conflict at work: Interactive short-term effects on angry mood and somatic complaints. *Journal of Occupational Health Psychology, 18*, 144-156.
- Meier, L. L., & Semmer, N. K. (2013). Lack of reciprocity, narcissism, anger, and instigated workplace incivility: A moderated mediation model. *European Journal of Work and Organizational Psychology, 22*, 461-475.
- Meier, L. L., & Spector, P. E. (2013). Reciprocal effects of work stressors and counterproductive work behavior: A five-wave longitudinal study. *Journal of Applied Psychology, 98*, 529-539.
- Pereira, D., Meier, L. L., & Elfering, A. (2013). Short-term effects of social exclusion at work and worries on sleep. *Stress and Health, 29*, 240-252.
- Kuster, F., Orth, U., & Meier L. L. (2012). Rumination mediates the prospective effect of low self-esteem on depression: A five-wave longitudinal study. *Personality and Social Psychology Bulletin, 38*, 747-759.
- Meier, L. L., & Semmer, N. K. (2012). Lack of reciprocity and strain: Narcissism as a moderator of the association between feeling under-benefited and irritation. *Work & Stress, 26*, 56-67.
- Widmer, P. S., Semmer, N. K., Kälin, W., Jacobshagen, N., & Meier, L. L. (2012). The ambivalence of challenge stressors: Time pressure is associated with both negative and positive well-being. *Journal of Vocational Behavior, 80*, 422-433.
- Amstad, F. T., Meier, L. L., Fasel, U., Elfering, A., & Semmer, N. K. (2011). A meta-analysis of work-family conflict and various outcomes with a special emphasis on cross-domain versus matching-domain relations. *Journal of Occupational Health Psychology, 16*, 151-169.
- Berset, M., Semmer, N. K., Elfering, A., Jacobshagen, N., & Meier, L. L. (2011). Does stress at work make you gain weight? A two-year longitudinal study. *Scandinavian Journal of Work, Environment & Health, 37*, 45-53.
- Gross, S., Semmer, N. K., Meier L. L., Kälin, W., Jacobshagen, N., & Tschan, F. (2011). The effect of positive events at work on after-work fatigue: They matter most in face of adversity. *Journal of Applied Psychology, 96*, 654-664.
- Meier, L. L., Orth, U., Denissen, J. J. A., & Kühnel, A. (2011). Age differences in instability, contingency, and level of self-esteem across the life span. *Journal of Research in Personality, 45*, 604-612.

- Semmer, N. K., Tschan, F., Meier, L. L., Facchin, S., & Jacobshagen, N. (2010). Illegitimate tasks and counterproductive work behavior. *Applied Psychology: An International Review*, 59, 70–96.
- Meier, L. L., Semmer, N. K., & Hupfeld, J. (2009). The impact of unfair treatment on depressive mood: The moderating role of self-esteem level and self-esteem instability. *Personality and Social Psychology Bulletin*, 35, 643–655.
- Orth, U., Robins, R. W., & Meier, L. L. (2009). Disentangling the effects of low self-esteem and stressful events on depression: Findings from three longitudinal studies. *Journal of Personality and Social Psychology*, 97, 307–321.
- Berking, M., Orth, U., Wupperman, P., Meier, L. L., & Caspar, F. (2008). Prospective effects of emotion-regulation skills on emotional adjustment. *Journal of Counseling Psychology*, 55, 485–494.
- Biber, P., Hupfeld, J., & Meier, L. L. (2008). Personal values and relational models. *European Journal of Personality*, 22, 609–628.
- Meier, L. L., Semmer, N. K., Elfering, A., & Jacobshagen, N. (2008). The double meaning of control: Three-way interactions between internal resources, job control, and stressors at work. *Journal of Occupational Health Psychology*, 13, 244–258.  
★ 2<sup>nd</sup> place Best Paper Award in Journal of Occupational Health Psychology in 2008
- Orth, U., Berking, M., Walker, N., Meier, L. L., & Znoj H. (2008). Forgiveness and psychological adjustment following interpersonal transgressions: A longitudinal analysis. *Journal of Research in Personality*, 42, 365–385.

## Chapters

- Semmer, N. K., Meier, L. L., & Beehr, T. (2016). Social aspects of work: Direct and indirect social messages conveying respect or disrespect. In A. M. Rossi, J. A. Meurs, & P. L. Perrewé (Eds.), *Stress and quality of working life, Vol. 5*. Charlotte, NC: Information Age Publishing.
- Semmer, N. K., Jacobshagen, N., Meier, L. L., ... Elfering, W. (2015). Stress als Angriff auf das Selbst [Stress as offense to self]. In A. Fischbach, J. Boltz, N. Horstmann, & P. Lichtenthaler (Eds.), *Stark trotz Stress! Gesundheit und Leistungsfähigkeit in der Polizei*. Frankfurt: Verlag für Polizeiwissenschaft.
- Meier, L. L., Semmer, N. K., & Gross, S. (2015). The effect of conflict at work on well-being: Depressive symptoms as a vulnerability factor. In T. W. Taris (Ed.), *Longitudinal research in occupational health psychology*. London: Routledge/Taylor & Francis.
- Meier, L. L., & Spector, P. E. (2014). Job satisfaction. In D. E. Guest & D. Needle (Eds.), *Wiley encyclopedia of human resource management*. West Sussex: Wiley.
- Semmer, N. K., & Meier, L. L. (2014). Bedeutung und Wirkung von Arbeit [The meaning and the effects of work]. In H. Schuler & K. Moser (Eds.), *Lehrbuch Organisationspsychologie* (5<sup>th</sup> ed., pp. 559–604). Bern: Hans Huber.
- Xanthopoulou, D., & Meier, L. L. (2014). Daily burnout experiences: Critical events and measurement challenges. In M. P. Leiter, A. B. Bakker, & C. Maslach (Eds.), *Burnout at work: A psychological perspective* (pp. 80–97). London: Taylor & Francis.
- Semmer, N. K., Jacobshagen, N., Meier, L. L., Elfering, A., Kälin, W., & Tschan, F. (2013). Psychische Beanspruchung durch illegitime Aufgaben [Strain resulting from illegitimate tasks]. In Bundesanstalt für Arbeitsschutz und Arbeitsmedizin, G. Junghanns, & M. Morschäuser (Eds.), *Immer schneller, immer mehr: Psychische Belastungen bei Wissens- und Dienstleistungsarbeit* (pp. 97–112). Wiesbaden: Springer.

- Gross, S., Meier, L. L., & Semmer, N. K. (2012). Latent growth modeling applied to diary data: The course of vigor across a work week as an illustrative example. In A. Bakker & K. Daniels (Eds.), *A day in the life of a happy worker* (pp. 114–131). East Sussex: Psychology Press.
- Meier, L. L., Semmer, N. K., & Spector, P. E. (2012). Unethical behavior as a stressor. In R. A. Giacalone & M. Promislo (Eds.), *Handbook of unethical work behavior: Implications for well-being* (pp. 168–179). Armonk: M. E. Sharpe.
- Semmer, N. K., & Meier, L. L. (2009). Individual differences, work stress and health. In M. J. Schabracq, J. A. Winnubst, & C. L. Cooper (Eds.), *Handbook of work and health psychology* (3rd ed., pp. 99–122). Chichester: Wiley.
- Semmer, N. K., Jacobshagen, N., Meier, L. L., & Elfering, A. (2007). Occupational stress research: The „Stress-as-Offense-to-Self“ perspective. In J. Houdmont & S. McIntyre (Eds.), *Occupational health psychology: European perspectives on research, education and practice* (Vol. 2, pp. 43–60). Avioso S. Pedro: ISMAI.

### **Manuscripts Under Review/Revision**

- Johnston, C. S., Krings, F., & Meier, L. L. (under review). Incivility.
- Keller, A. C., Meier, L. L., Elfering, A., & Semmer, N. K. (first revision). Work interruptions.
- Meier, L. L., & Semmer, N. K. (second revision). Illegitimate tasks.
- Pfister, I. B., Jacobshagen, N., Kälin, W., Stocker, D., Meier, L. L., & Semmer, N. K. (first revision).  
Appreciation at work.
- Schmutz, J. B., Meier, L. L., & Manser, T. (under review). Teamwork.
- Zhou, Z. E., Meier, L. L., & Spector, P. E. (first revision). Incivility.

### **Popular Science Publications (Non-Peer-Reviewed)**

- Meier, L. L., & Chariatte, C. (2017). Die Balance finden. Die traditionellen Grenzen zwischen Arbeit und Privatleben verschwinden / Trouver un équilibre. Les frontières traditionnelles entre travail et vie privée s'estompent. [Finding a balance. Blurring borders between work and private life]. *Psychoscope*, 5, 20–23.
- Meier, L. L., & Semmer, N. K. (2016). Vorsicht bei Sonderaufgaben! [Caution in special and additional tasks]. *Harvard Business Manager*, 4, 18–19.
- Meier, L. L., Tschudi, P., Meier, C. A., & Zeller, A. (2013). Vereinbarkeit von Arbeit und Privatleben bei den Schweizer Hausärzten [Work-family balance among Swiss family doctors]. *PrimaryCare*, 13, 409–411.
- Tschudi, P., Meier, L. L., Giger, J., & Marty, F. (2007). Arbeitsort und Leistungsspektrum der Hausärzte [Place of work and work scope of general practitioners in Switzerland]. *Primary Care*, 14/15, 252.
- Semmer, N. K., Jacobshagen, N., & Meier, L. L. (2006). Arbeit und (mangelnde) Wertschätzung [Work and (lack of) appreciation]. *Wirtschaftspsychologie*, 8, 87–95.

## Invited Talks (Selection)

2018/06	Department of Psychology, Technical University of Dortmund, Dortmund
2018/01	Department of Psychology, University of Groningen, Groningen
2016/03	Management Department, Frankfurt School of Finance & Management, Frankfurt
2016/03	Department of Psychology, University of Basel, Basel
2015/10	Department of Psychology, Wuhan University, Wuhan (China)
2015/11	Department of Psychology, RWTH Aachen University, Aachen
2014/11	Department of Psychology, Johannes Gutenberg University Mainz, Mainz
2014/10	Wirtschaftskammer Biel-Seeland, Biel-Bienne
2014/10	mepha Medizin-up-to-date Symposium, Basel
2011/09	Department of Psychology, University of South Florida, Tampa (US)

## Ad Hoc Reviewing

### – *Journals*

Academy of Management Review  
Anxiety, Stress, & Coping  
Applied Psychology: An International Review  
Behaviour Research and Therapy  
BMC Health Services Research  
BMC Public Health  
Canadian Journal of Administrative Sciences  
Canadian Journal on Aging  
Cross-Cultural Research  
European Journal of Personality  
European Journal of Work and Organizational Psychology  
Human Relations  
International Journal of Aging and Human Development  
Journal of Business Ethics  
Journal of Experimental Psychology: Applied  
Journal of Occupational and Environmental Medicine  
Journal of Organizational Behavior  
Journal of Personality  
Journal of Personality and Social Psychology  
Journal of Social and Clinical Psychology  
Leadership  
Motivation and Emotion  
Organizational Behavior and Human Decision Processes  
Psychiatry Research  
Psychoneuroendocrinology  
Scandinavian Journal of Work, Environment, & Health  
Self and Identity  
Small Business Economics  
Social Science & Medicine  
Stress and Health  
Swiss Journal of Psychology  
Wirtschaftspsychologie  
Work & Stress

- *Grants*  
Social Sciences and Humanities Research Council of Canada (SSHRC)  
Swiss National Science Foundation (SNSF)
- *Conferences*  
European Association of Work and Organizational Psychology (EAWOP)  
Interdisciplinary Network for Group Research (INGRoup)  
Society for Industrial & Organizational Psychology (SIOP)
- *Publishers*  
Oxford University Press

### **Professional Affiliations**

- Deutsche Gesellschaft für Psychologie (DGPs)
- European Academy of Occupational Health Psychology (EAOHP)
- European Association of Work and Organizational Psychology (EAWOP)
- Schweizerische Gesellschaft für Psychologie (SGP)
- Society for Ambulatory Assessment (SAA)
- Society for Industrial and Organizational Psychology (SIOP)
- Society of Occupational Health Psychology (SOHP)

### **Courses Taught**

- *Master's Studies Level*  
Personnel Psychology (2016, 2017, 2018)  
Antisocial behavior at work (2016, 2017, 2018)  
Emotions at Work (2009)  
Introduction in Organizational Psychology (2007)  
Pro- and Antisocial Behavior at Work (2009, 2014)  
Self-Esteem Regulation at Work (2008, 2010)  
Work and Labor Time (2007)  
Work and Family (2015)
- *Bachelor's Studies Level*  
Work and Personality (2008)

### **Students Advised**

- *Ph.D. supervisor*  
Adiyaman, D. (since 2016)  
Chariatte, C. (since 2016)  
Messerli, D. (since 2017)  
De Souza Flores, M. (since 2017)
- *Ph.D. co-supervisor*  
Veisson, A. (since 2017)  
Zhou, Z. (2014)  
Eatough, E. (2012)
- *Master's Thesis*  
67 students



- *Bachelor's Thesis*  
54 students
  
- *Ph.D. committee member*  
Casper, A. (University of Mannheim, 2018)  
Jensen, R. (University of Fribourg, 2018)  
Johnston, C. (University of Lausanne, 2015)  
Guthier, Ch. (University of Mainz, 2018)  
Mueller, S. (University of Neuchâtel, 2016)  
Steiner, R. (University of Lausanne, 2015)